

The Center for Dressage Education at American Sporthorse presents



2012 BIOMECHANICS CLINIC & CONFERENCE
with
MARY WANLESS & SANDY HOWARD
and a Cast of Experienced Instructors

"The Talent Code"

February 7-9: FEI/Instructor Invitational Clinic (Tues-Thurs)
February 11-13: Open clinic (Sat-Mon)
9am to 5:30pm each day



What is the secret of getting really good at something? That is the focus of our Winter educational sessions with Mary Wanless. This year our focus incorporates *The Talent Code*, a book by Daniel Coyle. Pockets of success, he discovered, have a pattern common to all of them — certain methods of training, motivation, and coaching. This pattern, which has to do with the fundamental mechanisms through which the brain acquires skill, gives us a new way to think about talent — as well as new tools with which we can unlock our own talents and those of our students. As previous attendees know well, this dovetails perfectly with Mary's approach: Ride With Your Mind. Mary's influence is becoming more evident with US Pan Am Team member Heather Blitz's recent successes, as well as others who use her teaching and approaches for students of all levels and disciplines.

This year's educational forum is a hybrid of teacher training with a more traditional clinic format. Feedback each year has asked for more full lessons and more focus on advanced training and this format allows for more of each element in addition to reducing the cost for non-rider participation.

The first clinic is for new or returning instructors who are experienced with the Ride With Your Mind approach. More advanced concepts and applying the RWYM approach to upper level dressage training and coaching will be featured, with the clinic riders serving as collaborative instructors. The format will be 45-minute lessons with discussion after each ride for auditor questions and instructor/rider answers. An interactive panel session with all instructors/riders will allow for auditor questions and theory discussion on teaching and communication strategies. Riders will be posted on the website as they are confirmed. Last year all riders were instructors proficient at 4th -FEI levels, riding horses of every level. This clinic is a favorite for instructors to meet, share ideas, brainstorm, and discuss business as well as teaching. A Talent Code discussion will start the clinic.

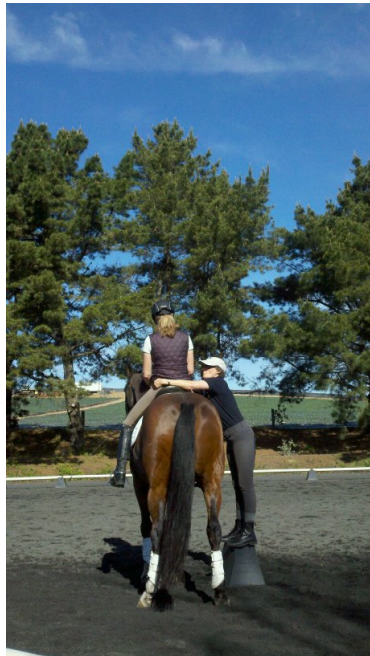


The Open Clinic (open to all levels) will follow a very similar format with the panel sessions covering more teaching theory and basic RWYM concepts. We will select riders to demonstrate a range of abilities and issues for participants to discuss. Last year's open clinic has riders from every level participating.

Our goal is to create an interactive and dynamic educational program that leaves political correctness at the door and really delves into the core basics of what it takes to create correct riding at all levels. Riders, trainers, and instructors of all levels are welcomed and annually benefit from this seminar geared to improving communication between teacher/student and rider/horse. Our discussion focus is on teaching, but you do not have to be an instructor to participate and our attendance is generally about 50% instructors to 50% riders. Discount applies if attending both sessions. Please call 831-247-5584 if you still have questions.



Scenes from past clinics



Seminar information

When:

Clinic One: February 7-9, 2012, Invitational Clinic

(Open to all, but more advanced, we recommend previous RWYM Teacher Training attendance or please sit with an experienced auditor as basic familiarity with RWYM theory will be presumed. Riding is by invitation)

Clinic Two: February 11-13, 2012, Open Clinic

Riders will be selected to provide a wide array of level and issues for discussion.

Both clinics: 9am-5:30pm each day, Lunch included onsite or nearby options available, coffee/tea on site.

Where: American Sporthorse, 1177 Buena Vista Drive, Watsonville, CA 95076. Nearest airport is San Jose (SJC) about 45 minute drive, San Francisco (SFO) and Oakland (OAK) are about 90 minutes. Monterey (MRY) is smaller & 35 minutes away.

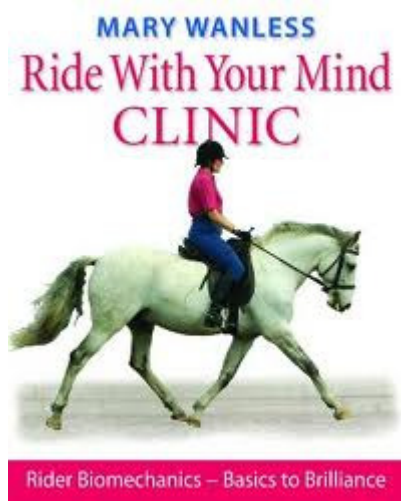
Cost:

Auditor, Clinic One <u>or</u> Two	\$195
Auditor, both clinics*	\$330 (*\$50 savings)
Riding Participant	\$ Call (plus stabling expenses if applicable)

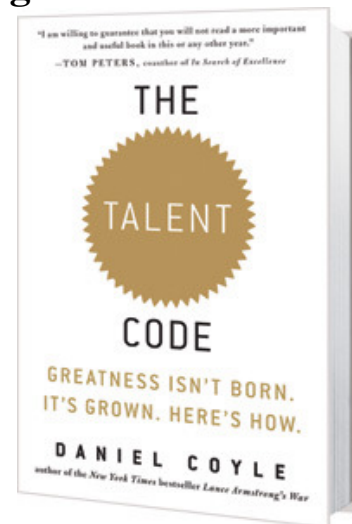
Other: We have a covered arena for inclement weather, PA system and highly variable temperatures in February –please dress warmly. Many hotels and restaurants within a 5 minute drive of the barn, see the www.in-balance.com website for details. Contact organizer for rider information – 831-247-5584.



Recommended Reading



Mary Wanless has many books available including: RWYM Masterclass, The Natural Rider For the Good of the Rider, RWYM Essentials



Talent Code by Daniel Coyle

Application for Clinic Auditing
American Sporthorse Biomechanics Seminar

Name _____

Email _____

Address _____

Phone _____ Cell _____

Instructor? _____ Occupation _____

RWYM Experience? _____ Interested in finding roommate for hotel? _____

Riding Level _____

Attending:

_____ Clinic One: Advanced Clinic \$190 (Feb 7-9, Tues-Thurs)

_____ Clinic Two: Open Clinic \$190 (Feb 11-13, Sat-Mon)

_____ Both sessions, \$330 (\$300 if signed up by Jan 1, 2012)

Checks payable to American Sporthorse, & mail to: 10200 Love Creek Road
Ben Lomond, CA 95005

Questions? Call or text to 831-247-5584
Or email ahowardpt@gmail.com

RIDING APPLICATION
American Sporthorse Biomechanics Seminar

Name _____

Email _____

Address _____

Phone _____ Cell _____

Instructor? _____ Occupation _____

RWYM Experience? _____ Interested in finding roommate for hotel? _____

Riding Level _____

Horse Name _____ Age _____

Level/Breed/Other Info _____

Need stabling? _____ Type needed _____

Options: Pasture, small run-ins, portable (10x10), oversized portable (20x10), very limited permanent stabling available. Off site options include fairgrounds and other host stables.

Requesting to ride in:

_____ Clinic One: Advanced Clinic (Feb 7-9, Tues-Thurs)

_____ Clinic Two: Open Clinic (Feb 11-13, Sat-Mon)

_____ Both sessions

Questions? Call or text to 831-247-5584
Or email ahowardpt@gmail.com