

Mary Wanless

2009 Teacher Training and Clinic Information

Where: American Sporthorse (ASH) 1177 Buena Vista Drive, Watsonville, CA 95076 Directions below. You can also MapQuest.com the above address.

When:

Clinic One: Feb 6-8 ; 9AM to 5PM with 1.5 hour lunch break After lunch will be the daily theory session with Mary, a great time for questions open to riders and auditors. Auditing is \$20 day for the clinics, free for those also attending the Workshop. All lessons are hour-long semiprivates (2 riders): \$550 for 3 rides, or \$200/ride.

Teacher Training & Biomechanics Workshop: Feb 10-12; runs 9AM-5PM on Day One, possibly a bit earlier start and end on the last day for those needing to get to flights. Special events to be announced including the popular professional's roundtable business topics discussion.

Clinic Two: There is a slight possibility for a second clinic Feb 13-15, we will be taking wait list riders for this clinic and will know if it will go by early January.

Who: We have a wide variety of riders in both clinics, professional and amateur, “desperately learning to sit the trot” up to “wanting to refine seat position” to FEI competitors wanting to further improve their performance and communication with their horse. The teacher training is approximately 50% instructors and 50% students. Demo groups fall in to three categories: 1) “new to Mary”, 2) “not new but interesting issues” and 3) “professionals” subgroups, clearly some folks are difficult to categorize. If you would like to be a demo rider, you sign up for the symposium as a regular attendee and are expected to fully participate in the event in addition to your ride times. Demo riders are selected to provide a good learning spectrum for those attending.

Fees for Workshop & Clinic Auditing: Clinic days are \$20/day for auditing. You are exempt from the auditing fee if you are a Workshop participant or a rider in the clinic or an ASH boarder. Reminder, the Teacher Training & Workshop is not an auditable-level of participation – its \$325 for the 3 days (early sign up get a \$50 discount: \$275 if signed up by January 3, 2009). Send a check with your contact information and what you wish to sign up for – or call Anne at 831-336-2801.

Creature comforts: We will have a complementary coffee/tea/snackies café available near the arena. Please help us keep the farm clean and be responsible for all trash or our doggies will decorate the whole property. The covered arena has a few heaters, but please dress warmly!! If our good weather holds, we may move to the outdoor arena which then has sun protection requirements (we HOPE!). Please leave dogs in your car if you must bring them.

Directions to ASH:

From SFO airport – West on 380, south on 280, south on 85, south on 17/880 towards Santa Cruz/Monterey, south on Hwy 1. Take the Buena Vista exit and turn right towards the ocean, the farm in 0.7 miles on the left.

From SJC airport, look for 880 south which becomes Hwy 17 and follow directions above.

From points East/South:

From I-5, take either 46 or 152 to 101. If on 46, go north on 101 until Hwy 129 exit to Watsonville. If taking 152, go south on 101 to 129. Hwy 129 goes through Watsonville downtown and will intersect Hwy 1, go north on Hwy 1 and look for Buena Vista exit, turn left at exit and go 0.8 mile to farm on the left.

GATE: our electric gate has both a keypad for nighttime access and a simple black button for daytime access. The gate stays open for 1 minute. It has eaten a few trailers in its time when the driver finds it open on arrival and “chances it” – the truck makes it through but not always the trailer. Please be careful and use the button again if needed! Leaving the farm also requires a button push, the button is at the top of the hill before you get to the gate. Call if you have trouble with the gate: 831-247-5584.

Parking: We are going to be very tight – please follow the guidelines on the enclosed map for parking. We will have trailers going in and out each day and must leave the main area open for them. Please park in the fields (if not raining) or pack in up by the house if raining (or fields are full).

Details for Demo and Clinic riders:

- Please wear light colored breeches (so we can see your lovely legs in the indoor), form fitting tops and vests/jackets, and ASTM/SEI approved helmets.
- In the indoor, there is hotwire on the railing, it is **not** hot – only there for emergency hookups. Hotwire everywhere else on the property is hot, including the wire fences around the pasture which are VERY hot.
- In the outdoor, there is not a fence around the edge, however there is a ditch. The footing the last 2-3’ to the edge of the arena is NOT RELIABLE, please stay well away from the berm-side edge of the arena.
- Our arena are poop-free zones, please pick your poop or ask someone to do so before it gets smooshed in by equine traffic. Picks and buckets at each arena gate.
- The upper washrack does have warm water, but needs to be used judiciously or floods the parking area. The lower washrack is cold only but more user friendly.
- Unless keeping tack in ASH tackrooms, please keep these areas private for ASH boarders who are sharing the facility with the clinic.
- Numbers for grounds questions. Barn # is 831-728-5004; Sandy’s # is 831-419-2605; Anne’s cell # is 831-247-5584.

Other questions?

Call Anne at home at 831-336-2801 or email anne@in-balance.com