



2018
MARY WANLESS
Clinic and Workshop

Biomechanics
Workshop
January 26-28
(Friday-Sunday)

Riding Clinic
January 30-Feb 1
(Tuesday - Thursday)



American Sporthorse
Watsonville, CA

The Workshop introduces Mary's *Ride With Your Mind* approach to instruction and the biomechanics of correct & effective riding. Originally designed for instructors, by popular demand this seminar is open to all. Strategies for clear communication and teaching skills are always featured as well as tailoring the program to those attending. Every year new ideas and concepts are shared, introducing tools for riders and instructors to use on and off-horse that focus on either developing rider skills or the horse/rider interface. Bring questions, ideas, and problems for this interactive meeting of keen dressage minds! The format is a mix of lecture, demonstration, and some instruction to illustrate concepts. Several demonstration riders will be selected to provide an assortment of issues to address. Topics for this year include in depth review of fascial lines (based on her new book *New Anatomy of Rider Connection*), equine responsiveness training (per Andrew Maclean's equine learning theory) and rider assessment tools for instructors. Other interesting ideas will be brought into the mix as always for consideration and discussion, encompassing healthcare, fitness, cross training and wellness for the horse and rider.

The Riding Clinic is open to all with priority to returning instructors, new instructors, ASH clients, and returning riders. Auditors are encouraged and may participate in the daily theory session. In general, more advanced concepts are illustrated as well as applying the RWYM approach to upper level dressage training and coaching. The format will be a 60-minute semi-private lessons. Daily theory session allows for Q&A with Mary and riders. Riders will be posted on the website as they are confirmed. Applications are open – will fill clinic with applications received by December 31st.

For both sessions: Our goal is to create an interactive educational program that leaves political correctness at the door and really delves into the core rider basics of what it takes to create correct dressage at all levels. This annual program is geared to improving communication between teacher/student and rider/horse. Riders, trainers, and instructors of all levels are welcomed to both events. Discount if attending both sessions. We have many regular returning instructors who network and collaborate throughout the clinics. It is a dynamic group and growing every year!

This approach changes riders for the better, improves horse/rider relationships, and has been a transformative event for many - improving their skills as riders, trainers, and instructors. Come join this group of riders dedicated to being the best that can be for their equine partners.

Information

When/Where:

Riding Clinic: January 30-Feb 1, runs approx. 9-5 each day
Location: American Sporthorse, 1177 Buena Vista Drive, Watsonville CA 95076
Open to all - preference to previous attendees and instructors
Auditing \$50/day or \$130 for clinic, refreshments included, lunch on your own
Riding: \$680 for 3-day clinic, priority to instructors and prior attendees.
SUBMIT APPLICATION ASAP: Riders selected by 12/31/17 – See attached

Biomechanics Workshop (*not an official Teacher Training*): January 25-27
Location: American Sporthorse, 1177 Buena Vista Drive, Watsonville CA 95076
Open to all levels, instructors and students; runs 9-5 each day
Demonstration lessons, theory sessions, dismounted drills, partner exercises, exploration of new technologies & ideas for dealing with asymmetries, and much more!
Cost: \$300 if postmarked by Dec 31, \$400 after that. Paypal: ahowardpt@gmail.com
Refund policy: Transferable anytime to another person, 50% refund if unable to attend.
Runs 9am-5:30pm each day, break for lunch nearby, drinks & snacks on site.
Demonstration Riders: please apply, selection of 5-7 riders will be confirmed by end of December. Demo riders pay workshop fee and stabling but no additional fees, are full attendees.

Other: Full sized+ covered arena available for inclement weather, PA system and highly variable temperatures in winter –please dress warmly. Many hotels and restaurants within a 5 minute drive, see the www.in-balance.com website for details. Contact organizer for rider information – 831-247-5584.



Olivia LaGoy-Weltz on Rassing's Lonoir, started with RWYM work early in life, USET member 2016-17

Application
Clinic Auditing & Biomechanics Seminar

Name _____

Email _____

Address _____

Phone _____ Cell _____

Instructor? Y N Occupation _____

Attended workshop before? Y N Interested in finding roommate for hotel? _____

How did you hear about this clinic/workshop? _____

Riding Level/experience _____

I want to:

- _____ Audit the **Riding Clinic**: 3 days of auditing - \$125
Individual day auditing available @ \$50/day

- _____ Audit the **Biomechanics Workshop**: All 3 days \$300 by 12/31/17, \$100 late fee
(*Individual day auditing rate not available as the clinic builds on each day's topics and information*)

- _____ Auditing **both clinic and workshop**, \$400 by 12/31/17, \$50 late fee

- _____ Instructors evening roundtable – *Saturday night BYOB* – open only to instructors

- _____ Participate in the Riding Clinic \$680
ATTACH APPLICATION
(50% deposit to hold place on acceptance, balance due by Jan 15th)

- _____ Apply to be a demonstration rider for Workshop
Selection of 5-7 riders will be confirmed by end of December.
ATTACH APPLICATION

Checks payable to American Sporthorse, mail to: 1177 Buena Vista Drive
Paypal payment (credit cards) available Watsonville, CA 95076

Questions? Call or text to 831-247-5584 or email ahowardpt@gmail.com

APPLICATION FOR RIDING CLINIC or DEMONSTRATION RIDER

Name _____ **Age** _____

Horse(s) (Age, breed, CURRENT level) _____

Rider's Competitive level/disciplines _____

Areas of interest to address in clinic

Unless you are well-known to Mary and Anne, please submit a video (can be brief, but show basic WTC and sitting trot) via YouTube or Dropbox link (if not avail on a DVD) to ahowardpt@gmail.com

Need stabling? _____ **Horse size & special needs** _____

Need trailer parking? Size of rig and dates needed _____